2023 Speed and Strength Camp

"Summer Pride"

Athletes, 7th Grade – 12th Grade

JUNE 12 @ 7:30 AM - 8:45 AM

Summer Pride Workouts

Who:

What:

When:

Where:	Football Field House	
Days:	Days: Monday, Tuesday, Thursday (DEAD WEEK JULY 3, 4 and 6 NO WORKOUTS THIS WEEK	
Price: \$75.00 per athlete CHECK OR CASH (Make checks payable to <u>Vanc</u>		COR CASH (Make checks payable to Vance Miller)
	Complete and Turn in fo	orm to <u>Vance Miller</u> : CONTACT # 918-396-2601
***** <i>YO</i>	OU CAN BRING THIS FOR.	M AND SIGN UP THE DAY OF THE CAMP****
	<u>Athlete (</u>	Contact Information
Athlete Name:		Phone #
Fall Grade:	: Sports	
	<u>Emerger</u>	ncy Contact Information
Parent / Guardian:		Relationship to Athlete:
Emergency	y Contact Phone #:	
	PERN	MISSION WAIVER
attention, I and deem necest claim or final	authorize the staff and athletic traine ssary. I specifically waive, give up and	R PRIDE. In the event of an emergency in which my son requires medical er to act for me and to obtain whatever medical treatment that the staff may I release the instructors and Skiatook Public Schools from liability for any sich my son may receive from injuries, or illnesses he may sustain at, or
PARENT / GUA	ARDIAN SIGNATURE:	DATE: